

# Minutes



Region 6 Behavioral Health Board- Hybrid Version			
2.20.2024		11:30 a.m. – 1:00 p.m.	
Southeastern Idaho Public Health			
Type of Meeting:	Regional Behavioral Health Board- In-person OR virtual meetings through the Microsoft Teams Meeting platform		
Facilitator	Victoria Byrd	Recorder	Effie Jones
Board Members Attended:	<p>Jason Byrd, Victoria Byrd, Lacy Parker (new board member- Judiciary Representative seat), Linda Hatzenbuehler, Michelle LaRock, Shantal Lau, Bill Lewis, Rainbow Maldonado, Corey Mangum, Chessie Meyer, Paul Sorensen, Tim Thompson, Randy Waldron, Tonya Wilkes</p> <p>Visitors: Mary Wright w/Empower Idaho, Brenda Valle from Optum, Beth Markley w/ NAMI Idaho, Sean Waldron, Madicyn Peterson, Stace Gearhart, Jordyn</p> <p>Excused: Torey Danner, Steve Young, Michelle LaRock</p>		
Action Item -Review/Approval of Meeting Minutes			
All Members	<p>December 2023 and January 2024 meeting minutes were sent to members prior to meeting for individual review. Randy Waldron motioned to accept both December and January meeting minutes. Linda Hatzenbuehler seconded motion. All in favor; meeting minutes pass as written.</p>		
Action Item -Visitor Announcements			
All Members	<p><b>Beth Markley with NAMI Idaho</b> offered a proposal about trainings available through NAMI Idaho- There are evidence-based courses for family members adults, family support groups, peer to peer courses, and training for facilitators of managing support groups. Would like behavioral health boards share what needed trainings are for the area, and sponsor the training within the region, the cost is 3000.00. All courses and training are they are all virtual and can be both English and Spanish.</p> <p>Within the chat <b>Mary Wright w/Empower Idaho</b> shared the following:</p> <ol style="list-style-type: none"> <li>1) Empower Idaho is hosting an Ethics CEU training for BH providers: Ethical Practices and Cultural Competence Among Behavioral Health Practitioners with Dr. Hakeem Lumumba, PhD Thursday, February 29, 2024   9:00 a.m. – 12:15 p.m. MST 3 free CEUS for LSW, LMSW, LCSW, LPC, LCPC, LMFT*   Online Learn more here: <a href="https://www.empoweridaho.org/education/provider-activities/">https://www.empoweridaho.org/education/provider-activities/</a></li> <li>2) The Mind/Body Connection: Somatic Response and Emotional Well-Being with Scott Chyna, MSW, LCSW Tuesday, March 26, 2024   6:00 – 7:00 p.m. MDT   Online Learn more here: <a href="https://www.empoweridaho.org/education/consumer-activities/">https://www.empoweridaho.org/education/consumer-activities/</a> This Empower Idaho webinar is for the general public.</li> </ol>		

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<i>Action Item -Subcommittee updates</i>	
<b>Chessie Meyer</b> <b>Effie Jones</b>	<p><b>CMH Subcommittee Meeting-</b> Chessie Meyer shared that the subcommittee put together a more solid plan for the CMH May event. And the upcoming changes for the board.</p> <p><b>RSS Subcommittee Meeting-</b> Due to Michelle being unavailable Effie reported about the Oxford House presentation that took place in the meeting this morning. Interest in bringing representatives to main board for presentation. Farmer’s Market Planning happened as well.</p>
<i>Action Item -New Business</i>	
<b>Sean Waldron</b> <b>Effie Jones</b> <b>All Members</b>	<p><b>Announcement of change of fiscal agent:</b> Effie Jones announced the that Southeastern Idaho Public Health has chosen not to continue contract for the Region VI Behavioral Health Board. For the interim time the Dept. of H&amp;W will serve as support for the region BHB. Discussion around this change ensued. Sean Waldron stood to answer questions about the IDHW interim plan for Region VI Behavioral Health Board. Starting in April 2024, meetings will be held at Human Development center. Discussion and planning to move forward for the following funding items. CMH May event, Farmer’s Market, New Day tabled grant, and today’s NAMI Proposal.</p> <p>Special Planning meeting set for March 5, at 11:30 am</p>
Meeting adjourned at 1:00 p.m. Next meeting scheduled on Tuesday, February 20,2024 at 11:30 a.m.	