

Minutes



Region 6 Behavioral Health Board- Hybrid Version			
5.16.2023	11:30 a.m. – 1:00 p.m.	Southeastern Idaho Public Health	
Type of Meeting:	Regional Behavioral Health Board- In-person OR virtual meeting through the GoTo Meeting platform		
Facilitator	Shantal Laulu	Recorder	Effie Jones
Board Members Attended:	Charlie Aasand, Jason Byrd, Victoria Byrd, Jason Dye, Terry Fredrickson, Michelle LaRock, Shantal Laulu, Bill Lewis, Corey Mangum, Chessie Meyer, Paul Sorensen, Lynda Shiflet Weber, Randy Waldron, Steve Young Excused: Stace Gearhart, Tim Thompson Visitors: Matt Hardin, Myrna Daniels, Alejandra Del Toro, Mary Wright, Brenda Valle		
<i>Action Item-Acknowledgement of Callers & Visitors</i>			
Shantal Laulu	All callers and visitors were acknowledged. Roll was taken.		
<i>Action Item- Review to Approve Minutes</i>			
All Members	March meeting minutes did not get sent with other meeting minutes for individual member review. March meeting minutes tabled until June meeting. Victoria Byrd made motion to accept February and April meeting minutes as written Randy Waldron second. All in favor; February and April meeting minutes were approved.		
<i>Action Item -Crisis Center Update</i>			
Matt Hardin & Myrna Daniels	<p>Matt Hardin; director of the crisis center gave update of the crisis center that has been open since April 2019. The center is for adults and is open 24 hour a day, seven days a week. There are 20 beds and three per day served for clients. Matt described that a crisis is can be either mental health or substance use/ misuse crisis. The crisis center is not equipped to serve those that need a medical detox. The center is all voluntary, which is a safe environment while a person in crisis to get to the primary care and stabilize. The may be referred to hospital, but only 1-2 times weekly which reduces the strain on the hospital resources. The crisis center is all about treatment, if any unused drug or paraphernalia goes into an amnesty box (secured lock box) for police officers to pick up and dispose of. The Crisis center is state funded and does bill Medicaid if the client has it. There is security and 4 staff at all times. Matt gave brief overview of the staff positions and their tasks within the crisis center programming. He went through the screening/assessments, motivational interviewing, treatment plan, case management skills used for a client stay. Various questions were answered from board members, Discussion on the proximity of the liquor store to the crisis center, staff trainings of crisis center staff, created atmosphere of dignity and humanity toward clientele and community outreach for teens. Brochures were left for the members about the Crisis center. Matt spoke of the “Rise Up” youth and teens crisis center in Idaho Falls.</p>		

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<i>Action Item- Presentation of 2023 Empower Idaho Mental Health Advocate Empowerment Award</i>	
Alejandra Del Toro & Mary Wright	Alejandra Del Toro awarded Matt Hardin and Myrna Daniels were awarded the 2023 Empower Idaho Mental Health Advocate Empowerment award. The following award letter was read.. \State wide awards\2023 Empowerment Award\R6 2023 MHM Advocate Award Letter_Matt Hardin and Myrna Daniels.pdf
<i>Action Item- Sub-Committee Updates</i>	
	<p>RSS Subcommittee- Michelle LaRock reported that the plan for the Farmer’s Market booth space will be shared by BHB, Center of Hope South, and other community resource organizations. They are working to fill spots for every week that the Farmer’s Market is open.</p> <ul style="list-style-type: none">Michelle brought up the need for a folding table as it is easier for 1-2 people to transport and set up. Charlie Aasand made motion for \$42 dollars to spent for the purchase of a table. Victoria asked to amend motion to include the cost of the table; Corey Mangum seconded motion. All present in favor; motion passes. <p>Also, there has been progress in working with the county jail to allow Center for Hope South and possible community partners to facilitate a small group every other week within the jail. Also, there is a commitment that the jail will inform recovery coaches to release dates for those that are committed to proceed with accessing recovery resources so no one leaves without a sober connection.</p> <p>CMH Subcommittee- Victoria reported that the focus of the CMH committee is the upcoming Children’s Mental Health Wellness Wiggle event set for Saturday, May 20, 2023. She gave an overview of the happenings and promotion of the event.</p>
<i>Action Item: For the Good of the Board</i>	
	<p>Chair announcements: Shantal Lulu introduced Chessie Meyer as a new board member, filling the seat of Certified Prevention Specialist. Chessie introduced herself and gave a brief history in her prevention work. Shantal also asked for three volunteers from the members of the board to act as proxy on the funding request review committee. This committee would like to meet immediately after the main board meeting. Corey Mangum, Charlie Aasand and Randy Waldron volunteered.</p> <p>Member Updates/Announcements: Charlie Aasand reports that the hospital census is up, as there seems to be more people needing services. For the BH unit there has not been a need for access travel nurses. Seeing more stabilization within the medical staffing.</p>

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Action Item: For the Good of the Board Cont.,

Jason Dye updated the members of the treatment courts compacity and transition from the ACT team to private providers for mental health court. There is a need for providers, which would contract with the DHW. There will be an upcoming Juvenile SIMS mapping on July 21.

Michelle LaRock updated the members of the Family Night program that is being put on through Center for Hope South. Applications are being taken through August 11, 2023.

Chessie Meyer- That the PFS grant is not being renewed. Many of the primary prevention strategies that have been presented to the board will be looking for ways to sustain the activity. She went on to briefly described the “Take the Reins” program as an equine lead curriculum combined with an evidence-based life skills program.

Victoria Byrd encouraged board members of to take the free QPR training for suicide prevention. It is virtual and is only an hour long.

Terry Fredrickson- Mentioned the comfort of being able to counsel without having some COVID nuance involved, getting back to more personable. Also reminded the members of the lack of understanding of the opioid crisis that is happening within our community.

Meeting adjourned at 1:02 p.m. Next meeting scheduled on Tuesday, June 20, 2023 at 11:30 a.m.